



# MASSPIKE VOLLEYBALL CAMP

Karyn Altman - Director 978-226-8781 Fax-978-349-7777  
masspikevolleyball@gmail.com [www.masspikevolleyball.com](http://www.masspikevolleyball.com)



## 2012 SESSIONS

July 23-27 Brandeis U, Waltham  
July 30-Aug 3 Brandeis U  
Aug 6-10 Sports Zone, Derry, NH  
Aug 13-17 @ Chelmsford High

**Feb Vacation Clinic - TBA**

**Additional Clinics – TBA**

*JOIN OUR EMAIL LIST FOR UPDATES!*

*Camp applications and session details will be available soon.*

**JOIN OUR EMAIL LIST** to receive all updates by email and to take advantage of **EARLY REGISTRATION DISCOUNTS**, There are 2 ways to join:

- **SIGN UP on our website** [WWW.MASSPIKEVOLLEYBALL.COM](http://WWW.MASSPIKEVOLLEYBALL.COM)
- **SIGN UP BY PHONE: TEXT masspike to 22828** (will request email address)  
(if you are receiving this flyer directly from Masspike Volleyball Camp, you are already on our list)

**MASSPIKE VOLLEYBALL CAMP is a COMMUTER CAMP** which provides a fun, yet intense volleyball training environment for individual players and teams of all levels, from beginner to elite. Demos, drills, coaches' feedback and videotape help players develop their skills as they learn to assess and correct their own technique while game-like drills and competitions develop team-play. Our goal is to challenge each player to reach the next highest playing level and give players the knowledge necessary to continue improving their performance after camp.

**Karyn Altman, Masspike Camp Director since 1993**, has also coached at the following programs:

- Collegiate Women's Varsity teams: MIT, Harvard, U of Nebraska, George Mason. NCAA Div III Coach of the year, MIT finished 4<sup>th</sup> and 2<sup>nd</sup> in back to back years
- Collegiate Men's Varsity Teams: MIT, Wentworth: NECVL Champions
- High school Boys: Chelmsford High School:
- Club Boys – Beantown, Lat42 and Premier: JO National Tournament participant – 5 season

As an outside hitter/setter at MIT, Karyn was elected MVP and Captain. Her team won the Eastern Championships and participated in the Small College Nationals. She had played at Waltham High and after college, continued to play USAV, competing in 4 adult National tournaments..

Through her coaching and playing years, she has met the many wonderful coaches that she hires to instruct and inspire the next generation of volleyball players.