



MASSPIKE VOLLEYBALL CAMP

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2010 SESSIONS

July 19-23 @ Brandeis

July 26-30 @ Brandeis

Aug 2-6 @ RAC, Plaistow, NH

Aug 16-20 @ Chelmsford High

Additional 3 day/2 hr small group clinics**

JULY 19-23	BRANDEIS UNIVERSITY, WALTHAM, MA (Girls' and Boys' Courts)
	Pre-camp Fitness Program \$40 (8:45-9:45am 4 days only Tues-Fri)
	Full Day Camp 10am-4pm \$410 Mon-Fri
	Evening Competition 5-7pm \$100 (3 days only Tues – Thurs)
JULY 26-30	BRANDEIS UNIVERSITY, WALTHAM, MA (Girls' and Boys' Courts)
	Pre-camp Fitness Program \$40 (8:45-9:45am, 4 days only Tues-Fri)
	Full Day Camp 10am-4pm \$410 Mon-Fri
	Evening Competition 5-7pm \$100 (3 days only Tues – Thurs)
AUG 2-6	ROCKINGHAM ATHLETIC CLUB, PLAISTOW, NH (Girls' and Boys' Courts)
	Full Day Camp 10am-4pm \$410 Mon-Fri
AUG 16-20	CHELMSFORD HIGH SCHOOL, CHELMSFORD, MA
	* See CHS Camp description on website for definition of levels for each time slot
	Times vary for different levels \$230 Mon-Fri
	Level 5* players 9-11:30am Level 3-4* players noon – 2:30pm
	Level 1-2* players 2:30-5pm Beginners 5:30-8pm (girls and boys)

****PRIVATE, SEMI PRIVATE, SMALL GROUP SESSIONS CAN BE SCHEDULED IN CHELMSFORD throughout the year. Specific 3 day/2hr small group clinics will be announced later this spring. CALL 978-250-0640 FOR MORE INFORMATION.**

MASSPIKE VOLLEYBALL is a COMMUTER CAMP which provides a fun, yet intense volleyball training environments for individual players and teams of all levels, beginner to elite. Through demos, drills, coaches' feedback and videotape, players learn to assess and correct their own technique. Team-like drills and competitions improve game skills. Our goal is to challenge each player to reach the next highest playing level and give players the knowledge necessary to continue improving their performance after camp.

Go to www.masspikevolleyball.com for details on each camp session.